



SERMON DISCUSSION GUIDE

Sunday, April 3, 2022

Ephesians 4:11–24

What We Believe

GOING DEEPER

Let's start by continuing our thinking about how popular culture all around us invites us to think more about the shopping cart and less about the towel and basin. Consider commercials, songs, exercise programs, and diets. **Can you think of examples or more categories?** Part of resisting conflicting messages is knowing how we are getting them.

Read Ephesians 4:11–24

- Have you ever taken a spiritual gifts inventory? If so, share what your gifts are and how you've been able to use them to help you fight against the "shopping cart" mentality?
- What is the purpose of these gifts?
- How have you seen other use their gifts in "equipping the saints"?
- What are the marks of Christian maturity from this passage? (Hint: There are at least six.)
- What are the the "ways of the Gentiles" in our day to day lives and how do we avoid them?

APPLICATION

How does God want you to equip someone this year?

Notice what this equipping of the saints is ultimately supposed to bring about: unity in the body and knowledge of our Savior.

- What would that look like in you?

NEW CITY

- What would it look like in our church this year?
- What are some practical ways we could put on the new self and throw away the old?