

SERMON DISCUSSION GUIDE

Sunday, May 29, 2022

Ephesians 6:14-20

How We Live

GOING DEEPER

I'm sure you are aware of the devastating shootings that happened in Texas, California, Buffalo, and Milwaukee in the last two weeks. Process some of your thoughts with the group.

- Before you continue, pray for the families, the communities, and for God's peace to reign and bring healing in these areas.

Read Ephesians 6:14-20. All of the language in this passage reveals that we are in a war, but primarily a spiritual war.

- If that's true, (v. 12), then why do we regularly act like it's a physical fight and that the folks in front of me are the enemy? (Hint: The Devil is a liar.)

Explain what each of these weapons are and how you can use them?

- Belt of Truth (v. 14)
- Breastplate of Righteousness (v. 14)
- Shoes of Peace (v. 15)
- Shield of Faith (v. 16)
- Helmet of Salvation (v. 17)
- The Sword of the Spirit (v. 17)

APPLICATION

- Which ones are most helpful to you? Give examples of times they have been used to help?
- Which ones do you need to learn how to use?
- Pray for each other to be convinced the war is won, and yet to stand firm in the battle.