

SERMON DISCUSSION GUIDE

Sunday, January 8, 2023

2 Corinthians 10:5

Train Station: Every Thought Has a Destination

GOING DEEPER

“Your brain is like a train station: every thought has a destination.”

- What comes to your mind when you read this statement?
- What story do you remember that would illustrate that truth?
- Does that statement make you feel encouraged or discouraged? Explain.

Read 2 Corinthians 10:5, 1 Corinthians 2:16, Proverbs 23:7

- What do think the mind of Christ is, as it pertains to our thinking?
- How does having the mind of Christ change the way we see the culture and help you destroy obstacles that keep you from knowing God? (That’s the stuff from the outside.)
- How does having the mind of Christ help you capture your own rebellious thoughts? (That’s the stuff on the inside of us.)

APPLICATION

- What are the “outside” things and “inside” things that you have in your life?
- Where do you see yourself falling into the trap of ungodly thinking?

Reflect through this together and share some practical ways you can engage this process in a Christ centered manner:

Sow a Thought...reap a Word.

Sow a Word...reap an Action.

Sow an Action... reap a Habit.

Sow a Habit... reap a Lifestyle.

Sow a Lifestyle... reap a Destination.