

SERMON BASED STUDY

Giving Up: Thanks

Weekend of November 30/December 1, 2019

INTRODUCTION

- What is your family's Thanksgiving Day tradition?
- What stuck out to you most from the sermon this week?
- Would the people around you describe you as a complaining person or a thankful person?

INTO THE BIBLE

Read Psalm 118:20-24.

- Why does the Psalmist write to "rejoice and be glad?"
- How does do those words tie back to Jesus in these verses?
- How should our daily lives reflect this sense of gratitude?

Read 1 Thessalonians 5:16-18 and Philippians 4:4.

- What word does Paul use in both of these passages?
- What does it mean to you to rejoice in the Lord?
- Do you feel that's possible to do "always?"

Read Colossians 3:15-17.

- How many times in these verses does Paul mention gratitude?
- What is the connection between thanksgiving and singing?
- How is gratitude connected to worship in your own life?

APPLICATION

- Do you tend to view God through the lens of your circumstances?
 - How is that dangerous?
- What are some ways you can practice gratitude in everything this week?
 - What can this group do to help?
- Go around the group and list at least one thing you're thankful for in this season of life.