

## SERMON BASED STUDY

Rodney Gray – Value in the Valley

Weekend of February 15/16

### INTRODUCTION

- Rodney talked about a valley being a place where we feel uncomfortable, lonely, empty, heartbroken, or forgotten. Valleys touch the body, soul, and mind. If you feel comfortable, share a part of your story where you experienced a valley and how you experienced God's presence in it or saw His hand in it looking back.

### INTO THE BIBLE

#### Read Psalm 23

- What does it mean to you that God is your Shepherd? David understood the job of a shepherd, why do you think he chose that description for God?
- Self-sufficiency isn't a quality a sheep has. How does that value show up in your life and prevent you from trusting the shepherd? Can we follow a shepherd without understanding what it means to be a sheep? Why or why not?
- What does David mean when he says, "I shall not want"?
- What do we learn about God in this passage of scripture? What do we learn about how we should respond to who He is?
- What does it mean that "He leads us in paths of righteousness **for His name's sake**"?

#### Read Romans 8:35

- No matter where you are, you are standing in God's love. Nothing can separate us from the love of God, including a valley. How does belief in that truth change things for you?

### APPLICATION

- What value do you see in going through valleys? What prevents us from seeing the value?



- It's hard to see the value and remember the truth while in the middle of the valley. How do we get our beliefs and our feelings out of alignment during those times?
- Following the shepherd involves trusting Him, surrendering control over to Him, and standing on the belief that He always does what is best for us. What situation is God bringing to your mind that He wants you to trust Him with?